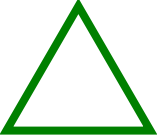
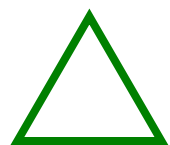


Collaboration in the Triangle of Care



	Persons living with Mental Illness	Circles of Support	Providers
DIGNITY and RESPECT	<ul style="list-style-type: none"> ▶ Persons listen to and value the perspectives and contributions of their Circle of Support and Providers. 	<ul style="list-style-type: none"> ▶ Members of the Circle of Support listen to and value the perspectives and contributions of the Person and their Providers. 	<ul style="list-style-type: none"> ▶ Mental Health Providers listen to and value the perspectives and contributions of the Person and their Circle of Support.
<p>The knowledge, values, beliefs, spiritual and cultural backgrounds of the Person, and their Circle of Support, are incorporated into care planning and decision-making.</p>			
INFORMATION SHARING	<ul style="list-style-type: none"> ▶ Persons discuss and decide what personal information will be shared with their Circle of Support. This is reviewed on a regular basis. ▶ The Individual shares information about their illness, needs, and goals for recovery. ▶ The Individual considers the information given by their Circle of Support and the Provider. 	<ul style="list-style-type: none"> ▶ Members share supportive information about the Person with him or her and with their Providers. ▶ Members discuss their own related needs. ▶ Members take into account information shared with them by the Individual and Providers when providing support. 	<ul style="list-style-type: none"> ▶ Providers discuss with the Person the value of involving their Circle of Support in their care. ▶ Providers engage in ongoing discussions about what personal information the Individual would like to share with their Circle of Support. ▶ Providers discuss general information about mental illness and its treatment with the Circle of Support. ▶ Providers listen to information from the Circle of Support about the Individual and their illness. ▶ Providers give information and advice to help members of the Circle of Support support the Person and themselves.
<p>Health care Providers communicate and share complete, unbiased information with Persons and Members of their Circles of Support in ways that are useful and empowering. Persons and Members receive timely, complete, and accurate information so they can participate effectively in care and decision making.</p>			



	Persons living with Mental Illness	Circles of Support	Providers
PARTICIPATION	<ul style="list-style-type: none"> ▶ Persons participate in discussions of care options with their Providers. 	<ul style="list-style-type: none"> ▶ Members participate in discussions of care options with the Person, and their Providers, to a level in accordance with the Individual's wishes and the Members' level of comfort. 	<ul style="list-style-type: none"> ▶ Providers encourage and support Persons and members of their Circles of Support to participate in care and decision making. ▶ The Provider incorporates the Individual's needs and goals when planning for recovery.
EMPOWERMENT	<ul style="list-style-type: none"> ▶ Individuals are empowered to make decisions on their care and life direction. ▶ The Person's needs and goals are incorporated in their care and recovery plan. 	<ul style="list-style-type: none"> ▶ Members are empowered to be involved in meaningful and effective ways in care planning and delivery. 	<ul style="list-style-type: none"> ▶ Providers are empowered through collaboration.
Collaboration empowers recovery.			

Definitions

- ▶ **Person living with mental illness** – persons who have a mental illness and receive service, or are being considered for service, from the Capital Health Mental Health Program (referred to simply as 'Person' or 'Individual' in most of the document).
- ▶ **Circle of Support** – people, identified by the Person living with mental illness, who provide practical and emotional support.
- ▶ **Providers** – staff and physicians of the Mental Health Program.
- ▶ **Triangle of Care** – care based on three-way collaboration among Persons living with mental illness, their Circle of Support, and their Providers.

